## skin smart





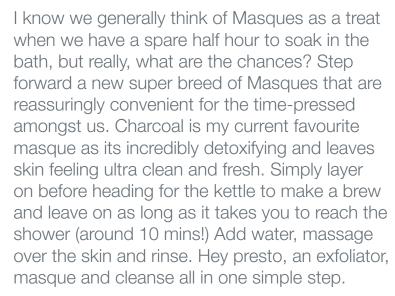
Ever have days when you look in the mirror and think that **no** amount of make-up is going to revive **that** face? We all do. That's why we all need a little skin rescue kit at hand. In just five minutes I promise that you can make your skin look fresh and glowing by following these three super quick steps:

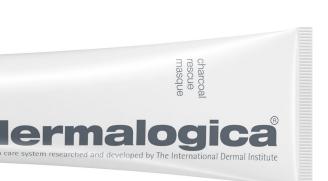




# 1.

#### **Pre-Shower Detox Masque**





### **Hydration Spritz**

A hydrated skin reflects light and looks more luminous. So throw out the sparkly powders and add in as much moisture as you can muster. The easiest option is a super hydrating spritz chocfull of humectants that hold water like a sponge. Spritz liberally within three mins of exiting the shower and you will lock in moisture ready for your Moisturiser + SPF to be layered on top.

**Top Tip**: Keep a travel size in your hand bag to top up throughout the day over your make-up!





#### The Perfect Primer

A hard working primer should provide you with more value than just setting your make-up. To enhance that luminous glow, look for a blend that hydrates, minimises fine lines and pores and protects skin against environmental dehydration. Apply a pea size amount over moisturiser to complete your mini skin rescue and get ready to WOW!